Large Seed, Efficient Spin Evolution (LE)
LISA
Conklin
OMEGA
GADFLI
Tinto
LE
z
1000
100
10
1
0.1
0.01
0.001
0.0001
10
100
1000
10000
100000
1e+06
1e+07
1e+08
1e+09
Rest-frame total mass (M_sun)